This video will show you how to add additional profiles to your SuperTracker account and manage your profiles.

You can add profiles for your family members and friends, so you can track foods and activities together.

Let’s start on the homepage. Click the Log In button at the top of the page.

Once you are on the Log In page, enter your username and password and click Log In.

Once you’re logged in, you can add another profile using the Add Profile link at the top of the page.

You must have one personalized profile before you can begin adding others.

Enter a profile a name. This is a display name, not a legal name.
Then enter the age, gender, and physical activity level.

You can also include height and weight.

While not required, providing this information will get this profile a more personalized plan and access to more features.

When you are all done click submit.

A personalized plan for the profile you just added will open in a new window.

If you want to make changes to any of your profiles, use the Manage Profile link at the top of the page.

Click the Edit Profile button next to the profile you want to update.

You can change any of the personalization information.
For example, if you just had a birthday and need to update your age.

You can also change some of your registration information on this page, but not your username or password.

You can change your password using the Reset your Password link on the login page.

When you’re done updating the profile, click save changes.

You can also delete a profile if you want to.

From the Manage Profile page, click the Edit button next to the profile you want to delete.

And on the Edit Profile page, click the Delete Profile button.
You need to confirm before the profile is deleted since you will permanently delete all records of this profile.

You can also delete your entire account.

But if you do this, your whole account will be permanently deleted, and you will no longer be able to login or access any of your saved data.

Use the Delete Entire Account button on the Manage Profile page.

Click OK on the confirmation message if you want to delete your entire account.

You will be redirected to the homepage, and your username and password will no longer work.